

Countermatch Collection

Use all four steps AM and PM, as directed for optimal results. Label each product with a sharpie or label maker with a #1-5 (AM and PM on your moisturizers)

Tip: To make this part of your routine, Cleanse FACE before getting dressed or brushing your teeth.

1. Countermatch Refresh Foaming Cleanser: Work a dime-size amount of cleanser into the palm of your hand. Then, massage onto damp face and neck for 1 minute. Rinse.

2. Countermatch Hydra-Gel Radiance Toner: Dispense two pumps onto a cotton pad or a bamboo reusable pad. Hold pad next to the dispenser. Swipe over clean, dry face. Use daily after cleansing, morning and night.

3. Countermatch Intense Moisture Serum: Dispense one pump into hands, then massage into face, neck, and décolletage with upward strokes. Use daily after cleansing and toning, morning and night.

--- Brush teeth while this soaks in for 2 minutes, then do step 4 ---

4. AM Countermatch Adaptive Moisture Lotion: Dispense 1-2 pumps into hands, then massage into face, neck, and décolletage.

4. PM Countermatch Recovery Sleeping Cream: Push the side button to release a dime size amount, then gently massage into face, neck, and décolletage with upward strokes. Use nightly.

5. Countermatch Eye Rescue Cream: Lightly pat one small dot around the eye area using your ring finger until fully absorbed. Use daily, morning and night.

--- Get dressed and allow the moisturizer to absorb before putting on makeup ---

Thank you for your purchase. Please contact me for any questions, concerns, or advice.

Mirinda Buxton – <https://www.facebook.com/groups/TheSaferSolution>